

# School Lunch Planner

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## Monday

|              |       |
|--------------|-------|
| Protein      | Carb  |
| Fruit/Veggie | Snack |

## Tuesday

|              |       |
|--------------|-------|
| Protein      | Carb  |
| Fruit/Veggie | Snack |

## Wednesday

|              |       |
|--------------|-------|
| Protein      | Carb  |
| Fruit/Veggie | Snack |

## Thursday

|              |       |
|--------------|-------|
| Protein      | Carb  |
| Fruit/Veggie | Snack |

## Friday

|              |       |
|--------------|-------|
| Protein      | Carb  |
| Fruit/Veggie | Snack |