

	Breakfast	Lunch	Snack	Dinner
Mon	Peaches and Cream Oatmeal	Creamy Potato Soup	Cheesecake Bites	Healthy Turkey Meatloaf
Tues	Chocolate Banana Smoothie	Homemade Mac and Cheese	Homemade Lara Bar	Easy Weeknight Veggie Gnocchi
Wed	Yogurt and Berries	Quinoa Pizza Muffin	Homemade Banana Pudding	Instant Pot Indian Butter Chicken
Thurs	Scrambled Avocado Eggs	Wisconsin Cauliflower Soup	Strawberry Banana Frozen Yogurt	Butternut Squash Alfredo
Fri	Snickerdoodle Oatmeal	Homemade Uncrustable	No-Bake Mixed Berry Snack Bites	Golden Lentil Soup