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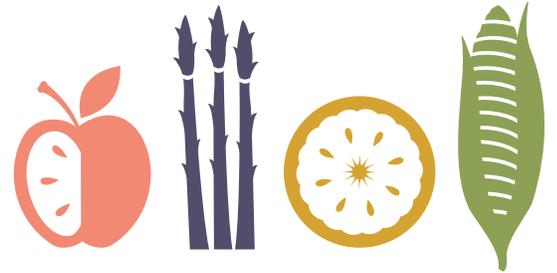
# Family Meal Time Rules



Taste One Bite of Everything

Say Please and Thank You

TALK ABOUT YOUR DAY



**Eat Your Fruits and Veggies**

Be Thankful for Your Food



Everyone Helps Clean Up

LAUGH, SMILE, AND ENJOY BEING WITH YOUR FAMILY

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