

## SUPER BUILD A HEALTHY MEAL WITH MYPLATE

HEALIHY KIDS	
Name:	Partner:
Meal #1	Meal #2
Dairy	Dairy
Fruit	Fruit
Protein	Protein
Vegetabl <u>e</u>	Vegetable
Meal #3	Meal #4
Dairy	Dairy
Fruit	Fruit
Grain	Grain
Protein	Protein
Vegetabl <u>e</u>	Vegetable