



## SUPER HEALTHY KIDS MENU

June 28- July 2<sup>nd</sup>

	<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>	<b>Dinner</b>
<b>Monday</b>	Raspberry – Peach Smoothies	Roasted Veggie sandwiches	Frozen Banana Pops	Tasty Lentil Tacos
<b>Tuesday</b>	Strawberry-Banana Oatmeal	<a href="#">Layered Pea salad</a>	Date Nut Bars	Pasta with Marinara Sauce and green salad
<b>Wednesday</b>	Vegetable Omelets	Taco Avocado wrap	Sugar Snap Peas	Szechuan Chicken Noodle Toss
<b>Thursday</b>	Maple Pancakes	Tomato Pea Couscous	Corn Bread	Shepherds Pie
<b>Friday</b>	Berry Lemon Muffins with fruit salad	Chicken Noodle Soup	Glazed Apple Rings	Black Bean Tortilla casserole

